



Mary Valley State College

Preparing Today's Students for Tomorrow's World

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Office Hours: 8:00am to 3:30pm Monday to Friday

Week 3, Term 2, 2024

From the Principal

How we as a college can work with families to support students.



A positive relationship between school and home is an effective tool to support students' progress. Parents and carers can work with schools to support their children's progress and learning in several ways. School isn't only about academic achievement. School supports young people become organised and confident participants in their world. By gradually building your student's confidence and their independence to organise themselves, you will help them become more prepared for school and the wider world.

Parents and families can support their children's academic achievement and wellbeing by engaging in their learning at home, at school, and in the community. By simply asking your student about their classes for the day you will be helping them remember what they have learnt. As they explain it to you, they will be building a better filing system in their brain for that information or process.

Parents can help their children build motivation, capability, and competence as learners. No doubt you are aware that some ways of learning and teaching may have changed since you were in the classroom. It can also be daunting if we haven't seen the schoolwork for some time. Please feel welcome to speak with your child's teacher about the techniques used to enable you to feel part of the process. This can also help your child by demonstrating that it is okay to not know something, and then showing them how to seek help.

Parent conferences are an ideal opportunity to develop this positive relationship. They allow for discussion about learning styles and strengths and promote an agreed plan for supporting students to progress in their learning.

If you have not been able to secure a meeting time with your child's teacher, please feel welcome to contact them to arrange an alternative time. Together we will develop happy, successful and engaged children.

Steve Mabb
Principal

Safe, Respectful, Responsible, Proud Learners.

PBL – We are responsible when we are honest and accept responsibility for our own words and actions.

Date Claimers Term 2:

30 April-2 May - Parent Teacher Meetings

1 May – JC Action Sports BMX Show

6 May - Labour Day Public Holiday

9 May - Mother's Day Stall

10 May - Walk safely to school day

16 May – Dress Like a Pirate Day

17 May - Gympie Show Holiday

24 May - Under 8's Day

SRS Payment Due

Payments taken daily via EFTPOS at the School Office. We do accept cash but please ensure that you have correct change.

Tuckshop - Wednesday

Volunteers & donations of home baked items are always welcome.

Student Absence

Please use our Student absence line to provide details of your child's absence - 5488 5333

Reminder

Please ensure all of your child's belongings are correctly labelled. Lost Property is situated in our Administration Office.



Our Parent Teacher meetings are happening this week from 30 April – 2 May. This is an important opportunity to discuss your child's learning and enables us to work together to ensure that your child is doing the best they can. If you haven't made a booking, the teachers will contact you regarding an alternative time.

Important Reminder - Allergies

The school has Staff and Students who have severe allergies to certain foods. If you can please ensure that you avoid the following in lunchboxes:

- Mango
- Seafood
- Peanuts and other Nuts



This ensures us that we are keeping everyone safe while at school. Thank you for your understanding.

Positive Behaviour for Learning



**Fortnightly Focus:
We are responsible when we are
honest and accept responsibility
for our own words and actions.**

Accountability is the ability to take ownership of one's actions, decisions, words and their consequences. Being accountable for our actions allows us to reflect on our behaviours and make necessary improvements when required. It helps us learn from our mistakes, overcome challenges and become better individuals. When we take responsibility for our own words and action, others see us as reliable and trustworthy. This fosters better communication, collaboration and friendships. When we hold ourselves accountable, we are more likely to find solutions to problems. This is pro-active and leads to personal growth and learning from errors, which in turn improves future outcomes. Accepting responsibility and owning actions and behaviours has many positive effects for our students.

As a parent, discuss the importance of taking ownership of behaviours and reflect on possible outcomes as a result of particular behaviours so that child can learn how to manage this important and lifelong skill.

Safe, Respectful, Responsible, Proud Learners.

Congratulations to our Week 2 Award Recipients!



Dress like a Pirate Day - Thursday 16th May

We're proudly raising money for The Kids Cancer Project by taking part in Pirate Day this year on Thursday 16 May.

Dress up like a Pirate and bring a Gold Coin Donation to help raise money for kids' brain cancer research.



Fishing Group – Wednesday 24th April



Safe, Respectful, Responsible, Proud Learners.



Being prepared for learning is my topic of the week.

Academic achievement is not solely dependent on natural intelligence. Whether your student achieves or not is dependent on a number of different aspects, one of which is their attitude and their willingness to put themselves in the best possible place to learn.

So, is there something students can do to be prepared to learn? Here are a few questions that you can ask them to get them ready...

Have you eaten breakfast? Having a breakfast that contains foods high in fibre (e.g., wholegrain breads or cereals) is the perfect way for students to set themselves up for a day of learning. Recent research has highlighted just how important eating breakfast can be, as it enhances student's memory and attention.

Have you got all the equipment you need? In order to learn effectively, students need to ensure that they take all the necessary equipment to school. Parents should try and encourage their child to pack their school bag the night before.

Do you have anything to check with your teachers? At some point throughout the year, it is likely that each student will struggle to understand a particular topic and therefore should consult their teacher for some extra guidance. Students often avoid asking for help for fear of looking stupid, which is why they might need encouragement.

Have you had a good night's sleep? Good preparation for learning starts the night before school, with the recommended 8-10 hours' sleep.

Recent research has demonstrated that insufficient sleep can reduce students' concentration levels, as they become absent-minded and are easily distracted. Sleep deprivation can also have a negative effect on students' memory, with studies showing that a lack of sleep stops the brain from forming new connections and prioritising the information we need to remember.

Have you set any learning goals? Students can prepare to learn by setting themselves goals for the day ahead.

Goal setting is an effective method for students to use as it motivates them by giving them something to aim for. This improves their focus, which in turn encourages them to partake in challenges and have a more positive attitude towards learning.

As always, if you have any questions, please don't hesitate to call the school on 5488 5333 or email me on ssmit568@eq.edu.au and someone will get back to you as soon as possible.



Until next week.

Susanne Smith.

Head of Department – Curriculum (P-10).

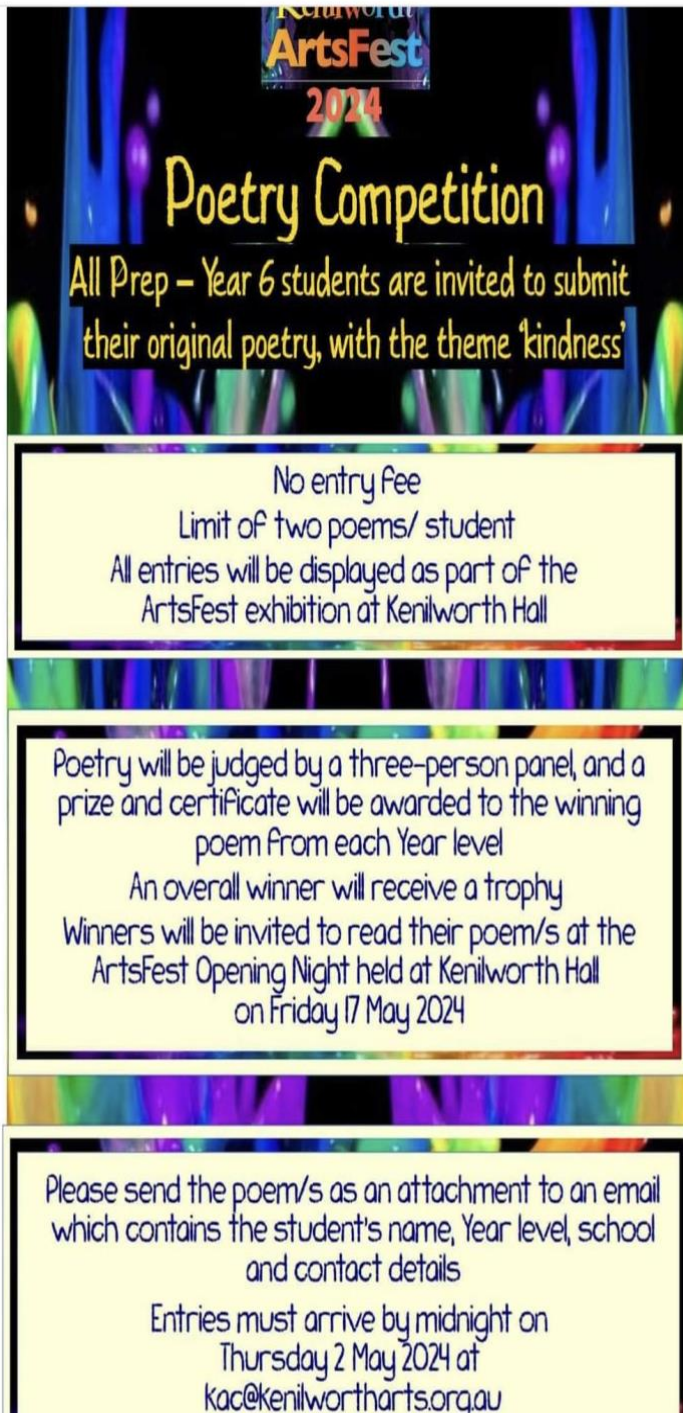
ssmit568@eq.edu.au

ANZAC Day March 25 April 2024



ArtsFest 2024 Children's Poetry Competition. Theme is Kindness.

ArtsFest 2024 Open Mic Poetry Competition



ArtsFest 2024
Poetry Competition
All Prep – Year 6 students are invited to submit their original poetry, with the theme 'kindness'

No entry fee
Limit of two poems/ student
All entries will be displayed as part of the ArtsFest exhibition at Kenilworth Hall

Poetry will be judged by a three-person panel, and a prize and certificate will be awarded to the winning poem from each Year level
An overall winner will receive a trophy
Winners will be invited to read their poem/s at the ArtsFest Opening Night held at Kenilworth Hall on Friday 17 May 2024

Please send the poem/s as an attachment to an email which contains the student's name, Year level, school and contact details
Entries must arrive by midnight on Thursday 2 May 2024 at kac@kenilwortharts.org.au



ArtsFest 2024
Open Mic Poetry Reading

Saturday 18 May 2.30pm – 5.30pm
Kenilworth Hotel

Followed at 6.30pm by an everyone-welcome acoustic music/singalong session

Hello poets!
Enter the competition by putting your name on the board to read your original work (or you can nominate someone to read for you)

Poems must be the entrant's original work
Limit of 2 poems/entrant
Timed 5 minute limit/poem
Prize for Overall Winner
Prize for People's Choice winner